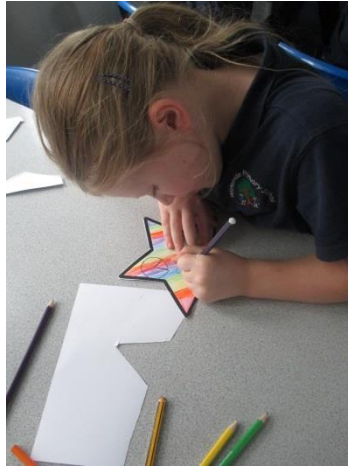


# International Day of Peace



21 September 2017



In class today Year 4 have been discussing what the International Day of Peace is and how we can spread that peace around the classroom, school and at home!

Mrs Kells worked with the children to discuss what peace looks like. She began by teaching the children how to 'sit like a frog' and use mindfulness to help themselves feel peaceful.

Next, the children discussed how peace can start from one person, and be spread across an entire group of people. One person can make a change in their communities, the country or even the world.

Finally, the children created a 'Peace Star' this symbolises what peace means to each person in the class.

The stars will be hung in the classroom as a reminder and to keep the peace even after International Peace Day.